



ATLANTA RETREAT 2026

Breakout Session Schedule · பொன்விழா பெருவிழா · 1976 – 2026

DAY 1 · July 2nd 2026, Thursday

#	Start	End	Activity	Target Audience	Location
1	5:30 PM	7:00 PM	Nanben Social	All	Pavilion
2	7:00 PM	9:30 PM	Gala Banquet Dinner	All	Paris & Elan
3	9:30 PM	11:30 PM	Chettinad Beats	All	Pavilion

DAY 2 · July 3rd 2026, Friday

#	Start	End	Activity	Target Audience	Location
1	6:15 AM	7:20 AM	Centering Within	10 plus	Monte Carlo
2	6:15 AM	9:00 AM	Pickleball - Qualifying Rounds	14 plus (Registered)	Pickleball court
3	6:15 AM	9:00 AM	Tennis - Qualifying Rounds	14 plus (Registered)	Tennis court
4	6:15 AM	9:00 AM	Volleyball - Qualifying Rounds	18 plus (Registered)	Volleyball court
5	6:30 AM	7:20 AM	SKY Yoga	10 plus	Cannes
6	7:00 AM	7:50 AM	Zumba	High school - Adults	Debussy Salon III
7	7:30 AM	8:20 AM	திருமுறைகளில் சரணாகதி	All	Cannes
8	8:00 AM	8:50 AM	Saree Story	Adults	Pavilion
9	9:00 AM	9:50 AM	Women's Panel : Parenting across generations - What works for you?	Adults	Debussy Salon-I
10	9:00 AM	9:50 AM	Becoming a Real Estate Millionaire... How to balance Risks with Multi Asset Investing : Dr.Jawahar Palaniappan	All	Avignon
11	9:00 AM	9:50 AM	Adult Regional Games	Adults	Debussy Salon-III
12	9:00 AM	9:50 AM	ஆயா அப்பத்தா வரு - பூ, கோலம், Zentangles	Elementary & Middle school	Monte Carlo
13	9:00 AM	10:00 AM	Self-Discovery STEM Entrepreneurship Part I	8th & High School	Cannes
14	9:00 AM	11:30 AM	Youth Icebreaker Activities	Youth	Pavilion
15	10:00 AM	11:45 AM	வாங்க பேசலாம் with VPAL	All	Debussy
16	10:00 AM	11:00 AM	Teen Mental Health	13 plus	Avignon
17	10:00 AM	12:00 PM	Chess Tournament	Registered Blitz	Nice
18	10:30 AM	11:30 AM	Never Grow Up Magic	PreK-Middle school	Monte Carlo
19	10:30 AM	12:00 PM	Companionship Circle - An avenue for previously married / widowed / senior individuals to connect.	Adults	Cannes
20	3:00 PM	7:00 PM	Stage Program	All	The Classic Center Theatre
20	9:00 PM	10:30 PM	High School Socials	High School	Monte Carlo
21	10:00 PM	12:00 AM	Women's Night	Women	Pavilion

DAY 3 · July 4th 2026, Saturday

#	Start	End	Activity	Target Audience	Location
1	6:15 AM	7:20 AM	Centering Within	10 plus	Monte Carlo
2	6:15 AM	9:00 AM	Pickleball - Championship Rounds	Qualified in preliminary	Pickleball court
3	6:15 AM	9:00 AM	Tennis - Championship Rounds	Qualified in preliminary	Tennis court
4	6:15 AM	9:00 AM	Volleyball - Championship Rounds	Qualified in preliminary	Volleyball court
5	7:00 AM	7:50 AM	SKY Yoga	10 plus	Cannes
6	7:30 AM	10:00 AM	NSNA & NPNA Health Seminar	All	Avignon
7	8:00 AM	8:50 AM	Happy at All Ages - Dr. Sambandham	All	Monte Carlo
8	8:00 AM	9:00 AM	நகரத்தார்-தொன்மம், தொண்டு, தொடர்ச்சி - Devakottai Ramanathan	All	Pavilion
9	9:00 AM	9:50 AM	Couple Painting	Adults	Champs Elysee
10	9:00 AM	9:50 AM	ஆயா அப்பத்தா வரு - Athangudi Tiles / Chettinad Architecture / Pencil Sketching / Embroidery / Pillars of Heritage	Middle & High school	Nice & Cannes
11	9:00 AM	10:50 AM	Nanben Breakout Sessions	All	Monte Carlo
12	9:15 AM	10:15 AM	இடவியாக இருங்கள் - Master people, not just skills (EQ talk by Soma Valliappan)	All	Pavilion
13	9:30 AM	11:30 AM	வரும் தரும் வைகாசி விசாகம்	All	Debussy
14	10:30 AM	11:30 AM	Bubble Show	PreK - Middle school	Matisse Terrace
15	10:30 AM	11:30 AM	Navigating Career Choices	High School & Youth	Pavilion
16	11:00 AM	2:00 PM	InstaConnect	Registered Youth	Monte Carlo, Avignon
17	3:00 PM	7:00 PM	Stage Program	All	The Classic Center Theatre
18	10:00 PM	12:00 AM	Men's Night	Men	Pavilion

DAY 4 · July 5th 2026, Sunday

#	Start	End	Activity	Target Audience	Location
1	6:30 AM	7:30 AM	Nature Walk for all ages	All	Outdoor
2	8:00 AM	9:30 AM	General Body Meeting	Adults	Debussy Salon-I & II
3	9:00 AM	9:50 AM	Self-Discovery STEM Entrepreneurship Part II	8th & High School	Debussy- Salon III
4	10:00 AM	10:30 AM	குட்டி குலதேயவங்கள் - Live Golu	All	Debussy Salon-I & II
5	10:00 AM	10:50 AM	Explore AI	High School-Adults	Debussy- Salon III
6	11:00 AM	11:30 AM	Tug-of-war : Finale Fun	All	Outdoor

தொன்மம்! தொண்டு! தொடர்ச்சி!

NSNA Atlanta Retreat 2026 · Chateau Elan · July 2 – 5, 2026